

Multi-Activity Courses at Newlands.

Whether it is a 2 night stay or a full week, Newlands will keep you busy, providing safe and exciting activities in the heart of the beautiful Lake District National Park.

A little about us+...

Newlands Adventure Centre was opened in 1905 by a group of enterprising gentlemen who bought and renovated an old graphite mill turning it into 'a place of sweetness and light'. It provided full board accommodation and guided walks for the workers of the large industrial areas of the North and Midlands as well as church and youth groups. It was then purchased by and remained in the hands of the Holiday Fellowship Ltd. until 1989 when it was sold to three local business-men who pledged to carry on running it as an activity centre. Though we celebrate our history, Newlands is always looking forward; making sure our future is as solid as our past by developing and changing with the times without losing our core values of safety and fun.

Where are we?

Newlands Adventure Centre is based in the heart of the Lake District National Park and is just four miles from the market town of Keswick in the secluded valley of Newlands.

What do we do?

Newlands Adventure Centre provides residential and non residential outdoor activities and accommodation for schools, groups, families and individuals, national and international businesses, university groups and clubs. Over the years, thousands of people have taken on the 'Newlands Challenge', often experiencing what the great outdoors can offer for the first time and many return year after year to this special place. We also provide a comfortable base for groups who wish to do their own programme or host a party or special event. Even though our clients can vary from children's school trips to Multi-national companies' team building and motivation courses, we never mix the two.

What is the Centre like?

We can provide activities, accommodation and food all year round for a maximum of 135 people. Accommodation is in single, twin and bunk rooms (all bedding but no towels provided), all with carpets, double-glazing and centrally heated with separate male and female floors. Group Leaders have separate rooms next to the bunk ~ rooms with separate showers and toilets from the main group and their own staff room with tea and coffee making facilities. On site facilities include a Residents Bar, a large dining room (special diets can be catered for), a large and efficient drying room for wet gear and a comfortable lounge. With spacious grounds, a river running right past our front door and with direct access on to the fells, rivers and lakes, where could be better than Newlands?

Is it safe?

Activities are geared to the groups' requirements, aims and abilities and we operate well within the guidelines laid down by the Department of Education and National Governing Bodies as well as having our Adventure Activities Licence (A.A.L.A). We operate a strict Pupil / Instructor ratio, again in accordance with the set guidelines and Newlands activities are run with groups of 8 people to each instructor. This 8 includes any of your staff taking part and we never go over the 8:1 ratio. We provide all the safety equipment required and all Instructional staff are first aid qualified.



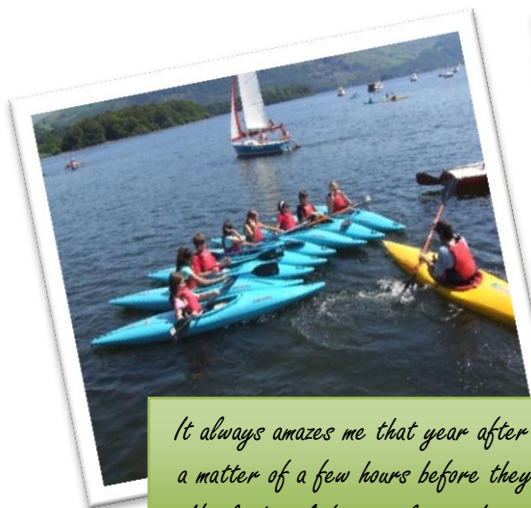
What will you do there?

A typical multi-activity course starts with a brief talk and introduction to the Centre on arrival, usually around lunchtime and with your own packed lunch, followed by either a local walk or team building games. Dinner is always 6pm and the evening activities keep the group busy until approx. 9pm when your staff take over and put the group to bed. We have a Resident's Bar for those not on duty and we always have a member of our staff on duty for emergencies. After an 8am breakfast, the first activity starts at 8.45am and runs until 12pm approx. There is a packed lunch at 12.30pm and the second activity session starts at 1.45pm until approx. 5pm. Then it's dinner, evening activity etc. as before. On your last day, most groups leave after breakfast, around 10am, some with an optional packed lunch. We can also offer a Self-programming option where we provide full board accommodation and you do your own activities.



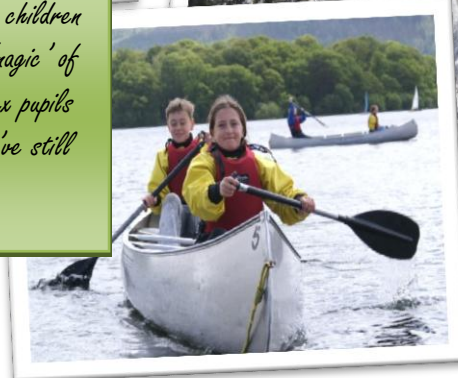
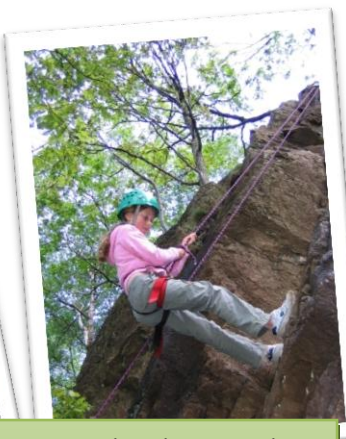
"Newlands show such success at inspiring the least likely pupils to join in and then go home confident after learning something new and positive about themselves"

Tom Hooley, St Edmund's School, Canterbury



"It always amazes me that year after year it only takes the children a matter of a few hours before they are caught up in the 'magic' of Newlands. A few weeks ago I was talking to some of my ex pupils who are now well into their teens and one of them said 'We've still not been on a better holiday than Newlands'"

Kevin Wood, Stockton Heath Primary, School, Warrington



How do I book?

Once you have an idea of dates and the approximate number in your group, give us a call and we will check availability and prices for you. Once dates and numbers have been confirmed, a Booking Form will be sent, which you should complete and return with a £30.00 per person (non refundable) deposit to secure the booking. From the details on the Booking Form, an Invoice for the remaining balance, which also acts as a VAT receipt for the deposit, will be sent and this should be paid eight weeks before your arrival. Forms requesting diet and medical details of the group room and activity group allocations will also be sent and these should be returned with the final payment. An Activity Programme will be written and sent for approval using the requested activities shown on the Booking Form.



Need more details?

If you would like more information on Newlands Adventure Centre then please contact us by telephone or our web site. You are also welcome to call in and see the wonderful facilities at Newlands any time.

NEWLANDS ADVENTURE CENTRE, STAIR, KESWICK, CUMBRIA, CA12 5UF
TEL: 017687 78463 EMAIL: info@activity-centre.com WEB: www.activity-centre.com