

# NEWLANDS NOSE BEST .... DO YOU ???



You may see some nosey posters around the centre. We REALLY don't want you to pick your nose !!!, we want YOU to help us keep the centre, the lakes, the mountains and the countryside clean and safe for everyone to enjoy.

We all know that humans can be messy and that some don't look after the things. Newlands Adventure Centre has decided to try and do something about this and keep the centre, the countryside around us, safe and clean and try to reduce the impact we have on our environment. You can help us do this by remembering a few things during your stay

**PICK IT:** Please do not drop litter and please pick up any you see. There are waste bins in your rooms, litter bins around the centre and recycling bins in the lounge.

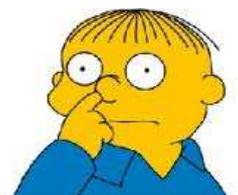
**FLICK IT:** Flick off the lights if you don't need them or are last to leave a room.

**BIN IT:** Please put all rubbish in the correct bin: we have general rubbish bins, plastic recycling bins and aluminium cans bins.

These three simple steps can help reduce our impact on the environment, so thank you.

Newlands is also doing lots of other things to reduce our impact on the environment:

- Any clothes you leave behind will go into our charity clothes bank and then either, sold in a charity shop, given to children in third world countries or turned into insulation for lofts, cars or even mattresses.
- We are recycling most of our waste: cardboard and paper, cans, plastic and glass are all recycled. Eat all your breakfast, lunch and dinner so we can reduce food waste too !!
- We have changed our cleaning products to phosphate free ones. This helps to stop the nasty blue / green algae growing in the lakes which can affect the fish, the plants and even some people.
- We now have energy efficient heating and hot water boilers. This means we should use less fuel to heat the water.
- We have insulated the loft and lagged the pipes and this should also help us use less fuel.
- We have installed new taps to stop them being left on, saving both water and fuel



So, if we all do a little we can help make a big change: go on, be nosey !!